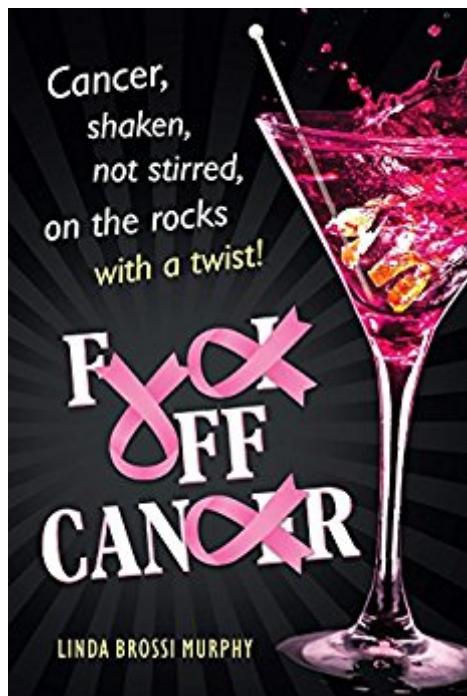


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# Fuck Off, Cancer: Breast Cancer Shaken Not Stirred



## Synopsis

THE BEST BOOK TO HELP YOU GET FROM HERE TO THEREÃ  Â (it is not as long or scary as you think) FOR LITE TO MEDIUM BREAST CANCER!!! A gem for the patient or their support system! Will tell you what happens behind closed doors!A breast cancer bestseller!! Must read for all, because let's face it, the reason we say Fuck Off, Cancer is because it is everywhere and touches every life! Rated Number one on ! Honest! Raw! Warning: This book contains gross pictures and scary middle aged pornography (Don't say you haven't been warned!) You will laugh and cry as you learn what happens behind closed doors to your friends or family member with breast cancer. You may think that you are in the know about breast cancer but the truth will shock you! This is not just a book about breast cancer it is a book about life and how breast cancer treatments affect every aspect of it. A quick read with candid, straightforward insight to the real deal of breast cancer! A definite tool for any person wanting to support someone battling breast cancer or for the newly diagnosed patient to see "behind the curtain" In Fuck Off, Cancer: Cancer Shaken Not Stirred on the Rocks, you will learn that fear can be worse than reality when dealing with breast cancer... Read this book and you will realize that early stage (Lite or medium) breast cancer isn't as bad as you imagine it to be and that you can actually turn this scary diagnosis into a positive! Follow the author's journey In Fuck Off, Cancer: Cancer Shaken Not Stirred through HER2+ cancer treatments as she turns this deadly disease into a party at every turn. Watch as Linda makes the most of the situation as she weaves her way through various breast cancer treatments. The book covers the topics that are related to the journey of cancer including the occasionally tumultuous marital relations, questioning religion and why breast cancer happened to "me", how the loss of hair from cancer treatments affected her life, and how relationships with friends and family are altered by this potentially life threatening disease. This book, Fuck Off, Cancer: Cancer Shaken Not Stirred on the Rocks with a Twist, is a very raw, "nothing held back" memoir which lays the facts on the table and contains the pictures to prove it. So grab your libation of choice and sit down for a quick read about making cancer a party!! Book clubs have found this to be a great source for discussion for a myriad of hot topics. Whether you have breast cancer, had breast cancer, know someone with breast cancer or not this book is a great read! The last two pages of the book have discussion questions to get the conversation started! Reading this book will help you, your loved ones and friends realize that breast cancer caught early is usually very treatable and is just a diagnosis not a death sentence! So let's all say what we want to Fuck Off, Cancer and live life to the fullest! Don't let breast cancer slow you down! It is just a lump in the road. Warning: This book contains gross pictures and scary middle aged pornography

(Don't say you haven't been warned!) Linda's diagnosis was HER2+ Stage 1, Grade 2, ER/PR+ Breast Cancer (according to my husband because I never cared to actually follow along with the gory details) Treatment was 2 lumpectomies, AC, Taxol, Herceptin and a Pertuzumab study, 30 radiation, 3 wigs, lots of fun with family and friends This book, Fuck Off, Cancer: Cancer Shaken Not Stirred on the Rocks with a Twist has very little (actually no) medical jargon and may actually be inaccurate with regards to the medical information it provides... It is about the process of getting through breast cancer with blonde, brunette and redhead wigs, chemo parties, and much, much more!

## **Book Information**

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## **Customer Reviews**

A thorough and interesting account of this remarkable author's diagnosis and treatment for aggressive breast cancer. Obviously, her personal style is to make lemonade (and a party) out of life's lemons, and she did just that all through her journey. Not everyone would have the same reaction to a life-threatening illness, but this worked for her, and could work for others, too. Amid the "party" atmosphere of this book, this author intuitively took many steps that everyone with this diagnosis could and should consider

using. Among them: Proactivity—making a plan to handle the worst case scenario, in case it proves needed. Choosing the treatment team and plan that seems most trust-worthy and comfortable. Advocating for oneself or finding an able advocate who can act on your behalf when necessary. And most importantly, seeking connection with family, friends, and professional caregivers who can actually support you physically and emotionally, regardless of where you are with your cancer on any given day. In addition the author writes frankly and openly about the effect of the treatment process on her physical and emotional being and the challenges it creates in her relationship with her husband and others. All in all, this very brave author presents her journey in an open and engaging (and at times very funny) way. A very worthy read. I give it 5 Stars!

This book offers a very open and honest account of one woman's journey of how she deals with her battle with cancer. Whether you have been diagnosed with the disease, or know someone who is fighting the disease, this book will be beneficial for you to read. I have been fortunate to have very little cancer in my family. I have known a few people who have it, but I have been very sheltered to what it is really like go through the battle. It was a shock when my mother was diagnosed with breast cancer. She rarely spoke about her treatment and I just thought, "Oh, it must be not be that bad." Linda Brossi Murphy opened my eyes to why my own mother didn't share much about her experience. She points out in this book how it is a difficult journey going through the treatment phases and all that it does to mess up your body and mind. But a cancer patient has the added burden of watching how it also affects the loved ones in their life, and how that pain is often more difficult to cope with than their own pain and suffering. Although this book is about a serious disease, I found myself laughing through it. She addresses issues with humor and an amazing positive attitude. I don't think I can look at Saran Wrap the same way now (sorry, you have to read the book to know why!!), but I certainly look at the battle a patient faces in a different way—and that is one reason why I believe this is a great book to read. One statement the author makes really sticks in my mind...she acknowledges how "lucky" she is in comparison to some other people who may not have the same level of support from her family and friends, not to mention access to good insurance and proximity to first-class medical facilities. Even in her personal battle, she still thinks of others and realizes it could be worse. She has a genuine positive attitude and her compassion toward others is evident. Its common to ask "Why me?" when faced with a difficult journey, and I don't think there is ever a good answer for that question. Anyone can learn from her example of a positive (and often humorous) approach to any obstacle. It is a great book with insight into the world of a cancer

patient...and the lessons that can be derived from the journey.

Just finished this book and was so impressed! Linda's positive outlook is inspiring and her brutal honesty refreshing. This is a quick read for adults only, as you should assume, given the title. All our lives are touched by cancer, wonderful to read about the journey from the patient's perspective. Linda is not technical, she fully admits if you are looking for that, look elsewhere. What she brings is honesty, humor feistiness and love. Her love of her family and friends and life itself shine through. If you are a wife, mother, friend or woman, or know someone who is, you will find a way to relate to this book. Well done!

Linda's family and friends rally to her side for her support, but her positive attitude even lifts their spirits, instead of the other way around. The title, a little shocking, shows her rawness of her attitude "F off cancer". She is never defined by cancer but by her attitude "I will beat you", which we all hope is for good! I'm sure the nurses will appreciate the flood of treats they will be experiencing after the readers of this book follow Linda's "cookies for caregivers" lead. I felt this was just one more example of taking control of an uncontrollable situation. A way of shouting, "I am a person, an individual, not just another patient". Her friends, continued and ever present, support turns this into more of a social event than treatment, showing her attitude is everything. Skyping her mother in-law, during treatment, brings a whole new dimension to being there, even if not physically. Linda's honest and raw approach, to such an emotional filled experience, can help others deal with this heart wrenching of diagnoses. Her example of making the most of, what arguably is, a devastating and deadly of circumstances, shows amazing courage. A big shout out to her amazing husband David!

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